

## Rachel Booth, St. Thomas

Minneapolis, Minn. / DeLaSalle  
Week of: 2010-03-01



University of St. Thomas junior center **Rachel Booth** (Minneapolis, Minn./DeLaSalle) had three double-doubles and helped the fifth-seeded Tommies become the lowest seed ever to win an MIAC men's or women's basketball tournament as they topped the Nos. 4-2-1 seeds on the road and claimed the school's first women's basketball playoff crown. Booth averaged 20 points, 12.3 rebounds, 3.7 blocks and 2.0 assists while playing 32 minutes a game as the Toms won at Macalester, at Gustavus and in overtime at St. Benedict. Booth leads MIAC players in blocks and rebounds, ranks third in scoring and fifth in field-goal percentage. The Tommies, who have won 11 of their last 13 games, secured the school's 18th NCAA playoff trip but just its second in nine seasons. St. Thomas is the first MIAC team in any sport to win three playoff road games in one week. In the first nine years the MIAC held a six-team playoff for men and women (2001-2009), the No. 5 seeds were a combined 2-18.

## Heather Gillund, Saint Benedict

Ham Lake, Minn. / Blaine  
Week of: 2010-02-22



College of Saint Benedict junior post **Heather Gillund** (Ham Lake, Minn./Blaine) scored 42 points and pulled down 13 rebounds to help lead the Blazers to a pair of MIAC wins last week at Hamline and then at home against Gustavus. Saint Benedict's 67-65 win over Gustavus secured a share of the MIAC regular season title for the fifth straight season. Gillund scored the final four points in CSB's game with Gustavus from the free throw line; two to tie the game with 34 seconds remaining, and then two more with six seconds left that put the Blazers up by the final margin of 67-65. Gillund also had six rebounds and seven blocks on the day. Earlier in the week, Gillund scored 25 points at Hamline on 9-15 shooting as the Blazers downed the Pipers 77-64. She also grabbed seven more rebounds and blocked six shots.

## Laura Canton, Saint Benedict

Pine Island, Minn. / Pine Island  
Week of: 2010-02-22



College of Saint Benedict junior forward **Laura Canton** (Pine Island, Minn.) dropped in 38 points to help lead the Blazers to a pair of MIAC wins last week at Hamline and then at home against Gustavus. Saint Benedict's 67-65 win over Gustavus secured a share of the MIAC regular season title for the fifth straight season. Canton scored 18 and 20 points against Gustavus and Hamline, respectively. In the season's final regular season game against Gustavus, Canton was 4 for 4 from behind the arc and from the free throw line. The 20-point effort against Hamline was a career high, and again it was her five three-point baskets that made the difference against the Pipers.

## Trina PaStarr, Macalester

Minneapolis, Minn. / Southwest  
Week of: 2010-02-15



Macalester College senior **Trina PaStarr** (Minneapolis, Minn./Southwest) scored 52 points and pulled down 14 rebounds to lead Macalester to a pair of MIAC wins last week over Concordia-Moorhead and St. Olaf. The two-time All-MIAC forward pumped in a career-high 27 points while distributing three assists in Mac's exciting 84-81 shootout win over the Cobbers on Wednesday and on Saturday followed that up with a 25-point performance to carry the load in a 64-53 victory at St. Olaf. PaStarr shot 71% from the field (22-for-31) in the two Mac wins. She was 11-for-17 against Concordia and 11-for-14 against St. Olaf. PaStarr has moved up to No. 4 on the school's all-time scoring (1,226) and rebounding (686) lists.

### **Mary Wilkowski, Hamline**

Savannah, Ga. / St. Andrews  
Week of: 2010-02-08



Hamline University junior center **Mary Wilkowski** (Savannah, Ga./St. Andrews) led Hamline to a 3-0 week as they improved a 6-9 MIAC record to 9-9 and climbed back into playoff contention. Along the way the Pipers picked off the top two teams in the conference. Wilkowski had the team highs in both points and rebounds in all three games. She started off the week with 19 points and 10 rebounds in a 75-63 win over Concordia. She then had nearly 25 percent of the Pipers points in a 45-40 win over Bethel as she tallied 11 points and pulled down 11 rebounds. Wilkowski finished the week with 19 points and eight rebounds in a 69-65 win over Gustavus. She shot 60.0 percent from the field for the week (21-of-35) and helped the Pipers break the MIAC record for team field goal percentage in a game when they shot 70.3 percent from the field in Saturday's win over Gustavus. Wilkowski totaled six blocks, four steals, and four assists in the three games and was just shy of averaging a double-double with 16.3 ppg and 9.7 rpg.

### **Scotti Moats, Bethel**

Waconia, Minn. / Waconia  
Week of: 2010-02-01



Bethel University first-year center **Scotti Moats** (Waconia, Minn.) was a key factor for the Royals this last week as they upset two of the top two teams in the conference and climbed into sixth place after starting the season 0-5 in MIAC play. On Wednesday night against Macalester, Moats contributed 12 points and seven rebounds to a 72-61 win over the Scots. Moats hit a 3-point shot with just over four minutes remaining to give Bethel a nine-point lead, and then made three of her last four free throws down the stretch to help seal the victory. Then on Saturday, Moats recorded her third double-double of the season with 16 points and 11 rebounds, which led all players in a 50-48 win for Bethel over Concordia. Moats shot 8-for-11 from the floor in the effort, but more importantly, pulled down seven offensive rebounds, which helped lead to eight of Bethel's 10 second-chance points during the game.

### **Rachel Booth, St. Thomas**

Minneapolis, Minn. / DeLaSalle  
Week of: 2010-02-01



University of St. Thomas junior center **Rachel Booth** (Minneapolis, Minn./DeLaSalle) continued her strong inside play to help the Toms go 2-0 and continue their quest for a top-three MIAC finish. In Saturday's comeback win over Macalester in overtime, she had 24 points, nine rebounds and seven blocks and scored the tying points with 19 seconds left in regulation. She also had 15 points, six rebounds and four blocks in just 22 minutes in a 25-point road win at Augsburg. Booth leads the MIAC in rebounds and blocked shots and is third in scoring. The Toms are 9-1 this season when Booth scores 14 or more points.

### **Erica Nord, Concordia**

Wolverton, Minn. / Barnesville  
Week of: 2010-01-25



Concordia College junior guard **Erica Nord** (Wolverton, Minn./Barnesville) averaged 18.0 points, 6.3 rebounds, 4.3 assists and 3.0 steals in the Cobbers' three key MIAC wins this past week. The victories over St. Olaf, St. Thomas and Gustavus have pushed Concordia into a three-way tie for first place in the league standings. Nord saved her two best games for MIAC powers St. Thomas and Gustavus. Against the Tommies she was three assists away from becoming the first Concordia player in program history to record a triple-double. She had 16 points, 10 rebounds and seven assists as Concordia beat St. Thomas 76-57. Nord opened the week by scoring 18 points and collecting three rebounds and three assists in the team's 81-57 win at St. Olaf. On Saturday in the Cobbers' 62-57 win over league-leading Gustavus, Nord had a game-high 20 points to go along with six rebounds, four steals and three assists. For the week Nord shot 58.3% (21-for-36) from the floor, 63.6% (7-for-11) from 3-point range and 62.5% (5-for-8) from the free throw line. Nord is currently leading the team in scoring (13.6 ppg) and, despite her 5-7 height, is also leading the team in rebounding (5.1 rpg).

### **Shannon Renne, Augsburg**

Nicollet, Minn. / Nicollet  
Week of: 2010-01-18



Augsburg College junior guard **Shannon Renne** (Nicollet, Minn.) set an Augsburg and MIAC single-game record for three-pointers in a game, connecting on 9-of-13 from beyond the arc in Augsburg's 78-66 win over Carleton on Saturday. Renne scored a career-high 35 points in the win, a single-game high for any MIAC women's basketball player so far this season, a total just two points shy of Augsburg's single-game school record. She also had seven rebounds and two assists in the win, which broke an 18-game Augsburg losing streak to Carleton. She also had six points and five rebounds in Augsburg's 65-52 loss to Bethel on Wednesday.

### **Molly Mathiowetz, Gustavus**

Sleepy Eye, Minn. / Sleepy Eye Saint Mary's  
Week of: 2010-01-18



Gustavus Adolphus College junior post **Molly Mathiowetz** (Sleepy Eye, Minn./Sleepy Eye Saint Mary's) helped the Gusties post a 2-0 record last week as she led the team in scoring with average of 20 points per game. She led all scorers in the 77-63 victory over St. Thomas Wednesday night with 22 points, while leading the Gusties with 18 points in the 60-53 victory over Bethel Saturday afternoon. Her defense was key in both victories as she recorded four steals and two blocks against St. Thomas and a game-high six steals against Bethel. Mathiowetz also posted an impressive all-around performance against St. Thomas as she shot 67% from the field (8-12) and 5-6 from the free throw line.

### **Ann Baltzer, Macalester**

Bismarck, N.D. / Bismarck  
Week of: 2010-01-11



Macalester College senior center **Ann Baltzer** (Bismarck, N.D.) averaged 17.3 points and 6.3 rebounds to lead Macalester to a 3-0 week and into a first place tie in the MIAC standings. She also registered her 1,000th career point in Saturday's win over Augsburg. Baltzer shot 65% from the floor, making 22-of-34 shots in double-digit victories over Gustavus, Concordia and the Auggies. She went a perfect 8-for-8 from the field in an 18-point over the Cobbers and netted a season-high 22 points while grabbing eight boards in a 34-point win against Augsburg.

### **Trina PaStarr, Macalester**

Minneapolis, Minn. / Southwest  
Week of: 2010-01-04



Macalester College senior forward **Trina PaStarr** (Minneapolis, Minn./Southwest) led Macalester to a 60-41 win over St. Thomas by scoring 21 points and pulling down a career-high 17 rebounds as the Scots improved to 4-1 in the MIAC. A two-time All-MIAC forward, PaStarr went 6-for-14 from the field and 8-for-13 from the free throw line. She is averaging 13.1 points and 9.0 boards per game and leads the MIAC in rebounding.

### **Ally Weaver, Carleton**

Iowa City, Iowa / West  
Week of: 2009-12-14



Carleton College junior guard **Ally Weaver** (Iowa City, Iowa/West) averaged 19.5 points per game last week, including a career-best 26 points in Carleton's 70-65 victory over St. Olaf. She began the week with a 13-point, 2 rebound, 2 assist effort during a loss at Concordia. Weaver then guided the Knights to their first victory of the season, knocking down 7-of-11 shots, including 4-of-5 from beyond the arc, as Carleton retained possession of the President's Cup with the triumph over the rival Oles. She added 3 rebounds and 3 assists, while posting the highest scoring output by a Carleton player since Hannah Oken-Berg '09 tallied 30 points on Feb. 3, 2007. For the season she is first in 3-point field goals (3.0/game), second in three-point percentage (12-of-18, .667), fifth in scoring (16.3ppg), and eighth in field-goal percentage (.559), a figure that is tops among league guards with at least 25 shot attempts.

### **Ann Baltzer, Macalester**

Bismarck, N.D. / Bismarck  
Week of: 2009-12-07



Macalester College senior center **Ann Baltzer** (Bismarck, N.D.) helped the Scots get off to a 2-0 MIAC start by averaging 14.5 points and 8.0 rebounds in road wins over Saint Mary's and Hamline. She shot 57% from the field in those two games last week. Baltzer contributed 11 points and seven boards on a 5-for-8 shooting performance in Macalester's 61-48 victory over Saint Mary's, and in a 71-59 triumph over Hamline, added a game-high 18 points to go along with nine boards.